

Sandwell Virtual School in partnership with  
Dr Jenny Nock:  
A FREE webinar for professionals working with children  
with a Social Worker

**'PROMOTING AND PROTECTING MENTAL HEALTH IN  
SCHOOLS'**

WEDNESDAY 4<sup>TH</sup> FEBRUARY 2026  
3:30PM - 6:00PM



Programme

- ✚ Mental health in children and adults
- ✚ Trauma and mental health
- ✚ Vulnerable pupils and mental health
- ✚ Anxiety in children and young people
- ✚ Key Strategies
- ✚ A Few More Protective Buffers

There will be trainer input, with time built in for offline reflection, activities and Q&A.

### About the trainer

Dr Jennifer Nock is an Educator and Chartered Psychologist, with many years of experience working with children and young people, their families and educators. She is passionate about supporting educators and parents to better understand mental health, behaviour and relationships, and to view children and young people through a developmental lens.

For additional information, and testimonials from our clients please visit our website: <http://www.jennifernocktrainingandconsultancy.com>

### How to book your place

Please click on the link below or scan the QR code to access the booking form, you will be asked initially to enter your name and email.



<https://qwak.it/34NSKW>

Once you have completed the booking form please click SUBMIT, this will confirm your booking.

Reservations will close on Monday 2<sup>nd</sup> February at 4pm, the resources and zoom link will then be sent out.

The link below is to our calendar on our website, please take a look.

<https://sandwellvirtualschool.sch.life/Page/Calendar>